

GIRL SCOUTS OF GREATER ATLANTA, INC.
Quick Glance Chart of Guidelines for Program Activities for Girl Scout Groups



Use guidelines based on the program level of the youngest girl in the group when considering group activities. If a reference page is given for **Safety-Wise** you must read the entire Activity Checkpoint for all relevant information.

PROGRAM LEVEL KEY:

DA = Daisy Girl Scout	K – 1 st grade	CD = Cadette Girl Scout	6 th – 8 th grade
BR = Brownie Girl Scout	2 nd – 3 rd grade	SR = Senior Girl Scout	9 th – 10 th grade
JR = Junior Girl Scout	4 th – 5 th grade	AM = Ambassador Girl Scout	11 th – 12 th grade

PROGRAM ACTIVITY <i>*Safety-Wise</i> reference	PROGRAM LEVEL	RESTRICTIONS/EXCEPTIONS
Adventure Course –low <i>*(pgs. 99-101)</i>	BR JR CD SR AM	
Adventure Course – High/Tower <i>*(pgs. 99-101)</i>	JR CD SR AM	
Archery <i>*(pg. 95)</i>	JR CD SR AM	
Batting Cages	JR CD SR AM	
Horseback Riding – ring <i>*(pgs. 102-103)</i>	BR JR CD SR AM	
Horseback Riding – trail <i>*(pgs. 102-103)</i>	JR CD SR AM	(must have ring test first)
Inflatable’s such as ball bounces, slides or moonwalks	All levels	Appropriate adult supervision must be provided at all time when inflated.
Portable Climbing Wall <i>*(pgs. 99 – 101)</i>	JR CD SR AM	
Rifle/gun safety <i>*(pg. 80)</i>	Restricted	Age 12 & above – must have prior written approval from council and parents
Snowboarding/tubing <i>*(pg. 110)</i>	JR CD SR AM	
Aquatic & Water Related Activities		
Blob <i>*(pgs. 112 – 114)</i>	JR CD SR AM	Must be comfortable swimming in deep water
Canoes <i>*(pgs. 115-116)</i>	BR JR CD SR AM	Non-swimmers must be paired with an adult
Kayaks <i>*(pgs. 117-118)</i>	JR CD SR AM	
Lake Swimming <i>*(pgs. 120 – 123)</i>	BR JR CD SR AM	Generally requires a swim test – girl must be comfortable swimming in water over her head
Paddleboats	BR JR CD SR AM	
Powerboat inner tube <i>*(pgs. 112-114)</i>	JR CD SR AM	Must be comfortable swimming in deep water
Scuba <i>*(pg. 123)</i>	Restricted	Age 12 & above
Swimming in pools <i>*(pgs.120-122)</i>	BR JR CD SR AM	Swim test required before 1 st swim
ACTIVITIES NOT PERMITTED FOR PROGRAM <i>*(pg. 80)</i> AT ANY AGE LEVEL		ATVs & motorbikes, bungee jumping, hang gliding, parasailing, hunting, parachuting, paintball, use of trampolines of any type.